

SATF SOCIAL ACTION TRUST FUND **NEWSLINE**

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ROLLING OUT PSYCHOSOCIAL SUPPORT TO MVC COMMUNITIES IN TANZANIA

SATF's mission is to mobilize adequate resources to transform Most Vulnerable Children (MVC) facing difficulties and challenges, especially those affected by HIV and AIDS or made vulnerable as a result of conditions of conflicts and extreme poverty to become productive members of the society.

When places or things are lost or threatened, and when adults are too upset or distracted to notice, children feel terrified. In crisis and emergency situations, parents may find it difficult to give their children affection and security. It is normal for children to show stress reactions or problem behaviors after frightening, painful or violent experiences. Some children withdraw; others become more aggressive. Some children appear to be coping well, even though they have not worked through their fears. Children may become 'accustomed' to long-standing violence, but it still hurts them.

The first line of response, families and communities bear the brunt of the burden. When parents or guardians become ill, children become bread winners; they must work to feed their families. They often also care for sick

family members. In many places, children are struggling to survive on their own in Child-headed households, while others are forced to live on the streets.

SATF in collaboration with its partners are responding to these challenges by working through families and communities to strengthen the traditional safety nets provided by extended families. Under this perspective, SATF is determined to take a leading role in advocating and pushing for all CSOs, stakeholders and development partners and government departments working with children to mainstream PSS in their programs and projects so as to give the children and vulnerable adults their comprehensive basic needs.

To achieve this objective, SATF conducted a 5 days training of trainer's (TOT) course on psychosocial support under funding from The Foundation for Civil Society. The objective of the training was to impart knowledge and skills on PSS to Implementing Partners and care givers and enable them to develop a practical tool in providing psychosocial support. A total of 16 participants from 8 SATF Partner NGOs attended the training. These include; TIKVAH Homes, HURUMA

WOMEN GROUP and FPCT-CHAMWINO from Dodoma region, PADI from Ruvuma region, GROWOYODA and MAPAMBAZUKO from Njombe region and NAWODA and LISAWA from Lindi region. This training was conducted at Wanyama Hotel, Sinza, Dar es Salaam from 19th March to 23rd March, 2012 and it was the last training in three years phases. The SATF partner organizations will use the TOTs to train 160 caregivers who are expected to reach 800 MVC with PSS interventions in 8 districts.



One of PSS TOT participants replicating PSS knowledge and skills to care givers in Dodoma

Revealing the Secret of Vulnerability

Like in the old saying; Give a dog a bad name and hang him.' This was a stunning eye opener for MVC care givers comprised of parents, teachers, local leaders, religious leaders and care takers who got opportunity to attend psychosocial support trainings conducted by SATF through its 6 implementing partners in 4 districts of Tanzania within the period under review (Jan-June, 2012). It was observed that the poverty, ill

health, poor self image that define vulnerability our MVC and their families face today, do not so much spring from material impoverishment, rather the poverty of the mind exacerbated by the image imposed on them. It was revealed that, once we have labeled someone, both our and their expectations on their behaviour will be determined by that label.

It was shared that children we call MVC have been so much labeled in negative stereotypes such as stubborn, difficult, indecent, stupid, poor, to mention but a few. When we label someone as 'difficult', or 'incompetent', we tend to twist any future observations of the behaviour that person exhibits to fit the label. And sometimes we have to do quite a lot of twisting in order to excuse ourselves the effort of updating first impressions.

Teachers who attended the meeting learnt a rather bizarre fact that even students' performance and behaviour can be influenced by the label we give them; children much as adults often act in a way that we expect them to act because of our wrong impressions.

Our view of the world is always distorted by the biased lens we use. It was shared that "labels" have effects of imposing psychological bottleneck which prevent our children from doing things which contradict their self-assigned label since it is harder for a child to behave in ways that go against those labels. Caregivers were cautioned to keep an open mind, think carefully about the picture they portray and the how they describe children.



The destiny of children like these will be influenced by self image we impose on them



A group of care givers during a 5 days Psychosocial support training in Nachingwea –Lindi 2012

"Scaling up of Care Givers' IGAs" a Sustainable Support for MVC

SATF has witnessed the growing of the Income Generating Activities (IGAs) and the projects have been scaled up and reach more beneficiaries which in turn support more MVC while improving livelihood of care givers and other family members. The projects are implemented by 4 SATF partner organizations which are PADI in Ruvuma region, TIKVAH Homes in Dodoma region and KARADEA in Kagera

region. These projects have shown positive sustainable results where by more caregivers have joined the projects in Kagera and Dodoma meanwhile the loan amount has been increasing to beneficiaries at Ruvuma region.

In Dodoma region, the project is under SATF's implementing partners i.e. TIKVAH Homes. The project started in 2009 whereby care givers were provided with a goat or 2 pigs depending on care givers' choices and interests. The caregivers were required to repay a goat or 2 piglets within a year so as they can be distributed to other caregivers who are in need. The project has scaled up by adding more beneficiaries as there are 49 beneficiaries to date compared to 20 who started the project.

PADI is implementing the IGA project in Ruvuma region since 2009 whereby 217 MVC caregivers were given the loan of TZS. 75,000/- each with requirements of refunding the loan with 5% interest after one year. Due to convincing magnitude of project progress including good loan repayment trend, the project was then restructured in year 2011 to increase the loan amount up to TZS. 200,000/- per caregiver.

For Kagera region, the project is implemented by KARADEA since 2009 whereby 30 MVC caregivers benefited from the project by being provided with 2 goats and 4 chickens and were required to return 1 goat and 2 chickens. The project has now reached 15 more MVC caregivers. The project has boosted economic ego among beneficiaries despite of its initial stage. Through selling eggs and be able to support basic school needs for the children while building economic resilience of the family.



Bibi Sofia Kasuga, one the IGA beneficiaries from IHUMWA, Dodoma

STANDING TALL- AGAINST ALL ODDS

She was gorgeous, calm and poised in the famous Tanzanian town of beauty, with rivers running through it. But she was also ravaged by trauma. With her mother dead, she lived with her father who turned into a sadist by raping and impregnating her. Eventually, she was expelled from school and consequentially her father sold the house and disappeared! In despair she stormed into the streets wandering, uncertain of her fate and the future of her child to be. Life had turned into a bleak reality

She suddenly realized she was on her own and had to survive, thus made a deliberate resolution. She started moving from house to house seeking for a housemaid work. Her desperation took her to Dar where she managed to secure a job as a house maid but soon she lost her job after her employer discovering her pregnancy condition.

SATF, through its implementing partner NEREFO, met her in Dar scavenging garbage and with no chance to go to

school or home. However, against all these odds, she was still radiant and adorable. She responded with a warm 'Good morning mama!' Maybe I saw a piece of myself in her," said our partner, who decided to take her home. Using psychosocial support skills obtained through SATF training she provided her with counseling, sought a foster family and painstakingly advocated for reinstating her back to school. She is now continuing with her studies and looking forward to sit for her form II examination this year.

This is a story of Hannah (Not her real name), a SATF beneficiary, who is supported by SATF MVC education program. As we continue to mobilize our resources to transform MVC to become healthy, secure, motivated and productive members of the society, we also learn and admire the resilience developed into the minds of children as they get support we realize that as the tiny little Sunflower don't let a big rock stand in its way of developing, MVC too have the capability of doing the same thing.

During monitoring visits, SATF team has been inspiring MVC to believe in themselves and stand tall against all odds knowing they have the capabilities in achieving their desires. SATF has continued to support MVC to go under or around their big obstacles in order to reach their desires.

NEWS IN PICTURES



A group photo of VTC students at VETA campus Lindi who are supported by LISAWWE under SATF funding with LISAWWE chairperson



One of the Vocational Training beneficiaries from Lindi who is supported by NAWODA under SATF funding



MVC in a group picture during the handover ceremony at TIKVAH homes office in Dodoma Municipality. The beneficiaries were provided with sewing machine as a startup toolkit



SATF staff Stanley (left) and KARADEA Director (Mrs Bitakwate) pose with SATF beneficiaries at Kihanga secondary school during Monitoring visit in Karagwe district, Kagera region



Leticia Mugalula of Aids Outreach Programme-Mwanza and Shukuru Musabila of SATF having a 'chit-chat' with MVC supported by SATF at Kangaye Sec School in Mwanza



Mama Mary Ngonyani, one of loan beneficiaries of the IGA project implemented by PADI under SATF support in Madaba ward, Songea district, charmingly showing one of her pigs. The project supports her in paying school fees for her two children who are at Madaba Sec School



Pupils at Ulongoni Primary School in Gongo la Mboto, Dar es salaam happily looking at the desks donated by SATF in March, 2012



Preparation of PSS mainstreaming work plan by members of Police Department at Lindi Municipality during PSS advocacy meeting



Group discussion during PSS advocacy meeting in Dodoma Municipality

"The Settlor Appoints New Trustees"

During the year 2012, the Settlor has appointed three new trustees following the expiry of three years tenure of Mr.Basil Mbanga, Mr.Donald Charwe and Dr.Hassan Mshinda.

The Settlor and the SATF team express their appreciation to the exiting Board members for their tireless efforts in building and also take this opportunity to welcome on board the new members of the board.



Prof. Penina Mlama



Prof. John Kabudi



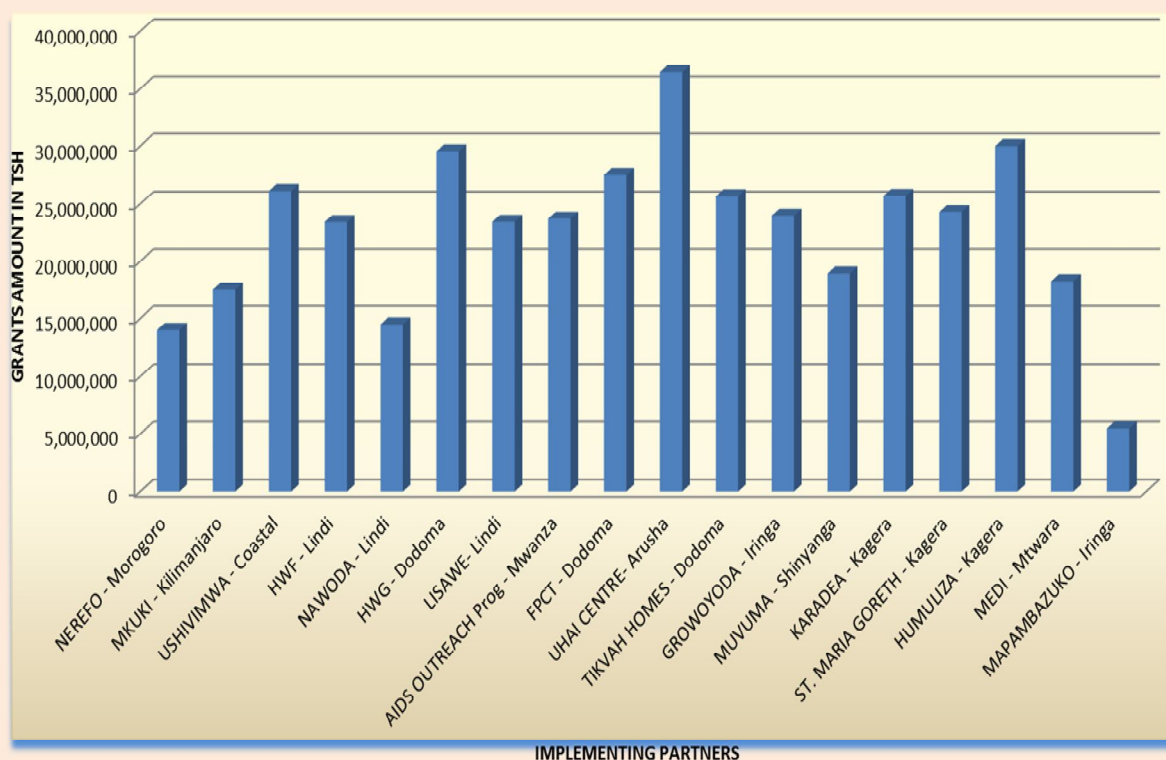
Mr. Filbert Mponzi

GRANT AWARDS FOR THE YEAR 2012

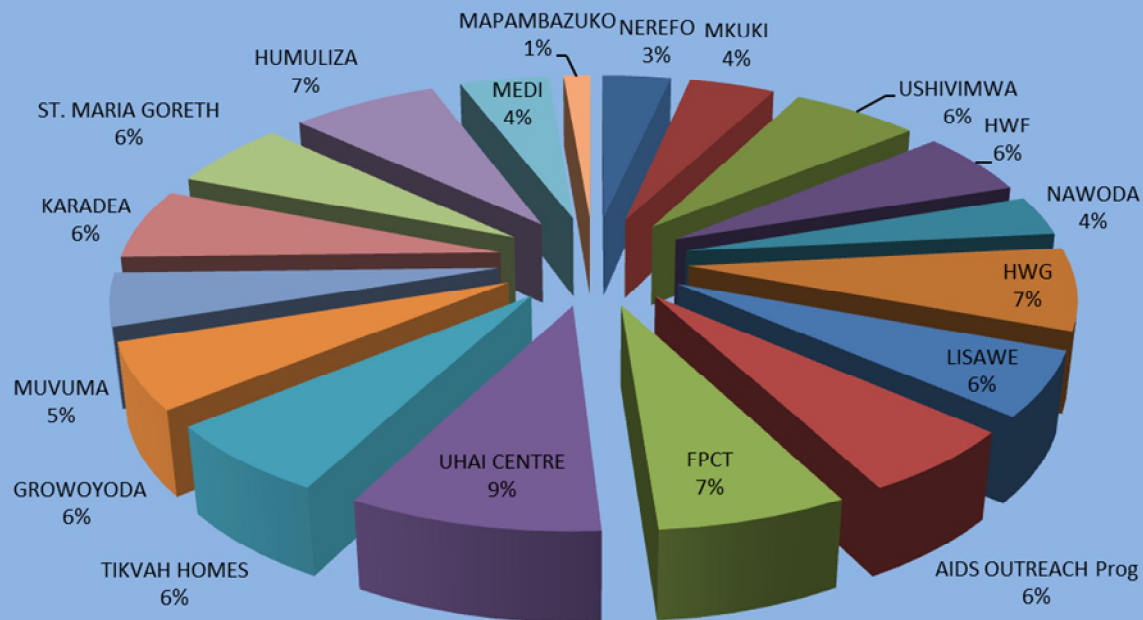
The Trust has allocated TShs.408million out of TShs.603million approved by the Board to be disbursed to 18 Implementing Partners (IP) from 11 regions of Tanzania to support Most Vulnerable Children in Education. The respective amounts distributed among Implementing Partners as presented in column and pie charts

DISTRIBUTION OF GRANTS BY IPs

N= TSHS 408,380,900/=



Percentage Distribution of SATF Grants Disbursement 2012



SOCIAL LIFE EVENTS AT SATF



It is amusement moment for Finance Officer, Timotheo Tenga during his birthday on 13th April 2012



Some of SATF staff in picture with Ass. Program Officer Mr Stanley Mongi (2nd from left) having drinks during his birthday ceremony



Mr.Sumbuko Zacharia, Information and Technology Officer and his wife Lilian Rwihula affirm their marriage vows before the Congregation at St.Albans Anglican Church, Dar es Salaam



Sumbuko and Lilian stepping out of church as a couple



Sumbuko and Lilian displays their marriage certificates after the marriage ceremony



Some of SATF staff, (from left Magreth Salewa and Happyyness Mushi) congratulating Sumbuko and his Wife during the reception at Flamingo Sunset hall, Makonde Mbezi Beach

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